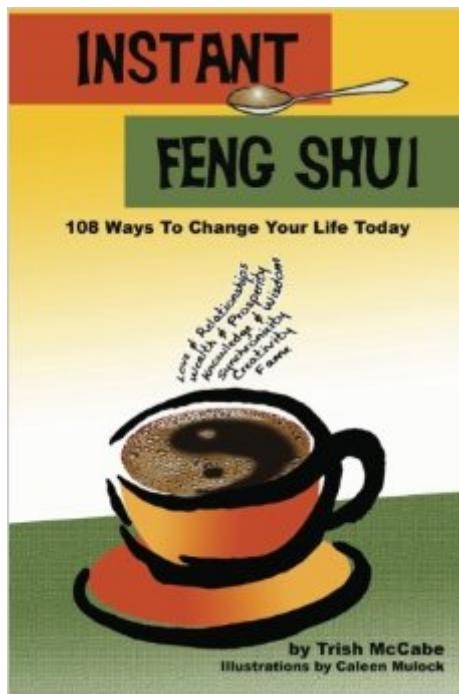


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# Instant Feng Shui: 108 Ways To Change Your Life Today



## **Synopsis**

Feng Shui with Attitude! Finally a Feng Shui author with a sense of humor. Filled with deep insights and practical knowledge from her many years of experience, Feng Shui Expert, Trish McCabeâ™s âœInstant Feng Shuiâ• is not your typical Feng Shui book. Through clever use of imagery, words and whimsical illustrations, the reader is led on a fun-filled, easy to follow journey into the world of Feng Shui. Drawn quickly from one page to the next the reader soon discovers âœI can do this!â• Pick up this book and feel empowered. You now have a game plan for change. Warm and inviting this book entertains, delights and delivers!

## **Book Information**

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## **Customer Reviews**

"Instant Feng Shui promises and delivers! Trish has taken her many years experience and expertise in the art and science of Feng Shui and distills for the reader a simple, yet concise blueprint for using Feng Shui to improve every area of your life. Trish's motivating and inspiring lecture style is translated to her book, where the reader is immediately captivated by her clever use of imagery, words and illustrations. What we all want in life; a happy, dynamic living experience, is found and mapped out in the pages of Instant Feng Shui. You are drawn quickly from one page to the next and suddenly that excited feeling comes over you as you realize, "I can do this!" Pick up this book and you feel empowered, you now have a game plan for change, "get your red on", feel good about yourself, your new life is just pages away!"- Linda Alessandro, Founder Body Wellnessâ® Corporation, Body Wellnessâ® Fitness & Management, LLC.

Its moving time again. As I was placing my collection (of books worth holding on to) into a box, I saw this one. I simply picked it up and started reading it again, As I've done so many times, because, have I, a moment or a day, it asks no more of me than I can give it.Cute, warming and uplifting, requirement and commitment free. A simple way to implement subtle positive change into your life, that will undoubtedly lighten your entire perspective. I appreciate this book for giving easy insight, things I can do this "instant" that make me feel better about myself and my life. It also touches on many different systems of positivity which have sparked my interest. The impact is immediate. I can't wait to pass it along to friends, andI look forward to future books from this author.

What a clever book this is! It's fun and easy to read. And it is LOADED with great advice. It's full of really simple things to do that can shift the energy so much.I like to explore lots of different spiritual paths and so I know a little bit about lots of things. I'm grateful to Trish for being the expert Feng Shui professional. And I really appreciate her ability to present the basics, with lots of great tips, in a format that is so easily accessible and usable.If you have any interest at all in Feng Shui, this is the book to buy! Just follow one of Trish's suggestions and watch for changes - sometimes subtle, sometimes dramatic. You'll see!Just thinking about it makes me smile! So glad I found the book and the author.

There are many books about Feng Shui available, but most use terminology and ideas foreign to many of us. Trish McCabe's book, "Instant Feng Shui: 108 Ways to Change Your Life Today" breaks that pattern. Yes, there are baguas and directions and furniture placement and adding chimes or fountains, but the power of feng shui can get lost in the confusion and details. Trish McCabe is a wonderful writer, with a friendly and easy to understand style, and she breaks feng shui down into steps which are easy to implement and which change your life. If you start small, then that overwhelming feeling that makes you want to give up right away doesn't take over. Yes, it is possible to change your space and your life step by step. I highly recommend this book for anyone who wants to improve themselves and their environment.Annette Gluskin-Habin and Ronald Habin

This book helps make feng shui accessible in a way that is helpful, engaging and easy to apply. Ms. McCabe shares her wisdom in a manner that is extremely helpful, often highlighting the important things and showing easy, practical ways to implement changes that are effective and make for a

better and more balanced environment. Trish is so accessible in her writing that it can be confused with being "too primitive" but I believe that the information she delivers is clear and useful for whatever areas of your life you want to try and improve upon. Great book, for the novice and expert alike!

I totally loved this easy read by Trish McCabe. She truly knows her stuff and is a gifted author. The information is wonderful and motivating. A real feel good - good read! Her illustrations are quite creative and fun. I highly recommend this book if you are interested in Feng Shui and need a place to get started. Great information to enrich the quality of your life. Hats off to Trish McCabe!

This is an amazing book for the beginner of a feng shui interest. I am new to feng shui and this book made it easy to understand. Sometimes one can get so overwhelmed trying to learn something new and the way the author explains in her humorous way makes it such an easy read and funny. I would recommend this book to the beginner or the professor of feng shui.

I love this book. It's so fun to read and for me the visuals are exactly what I need to help define my space w/Feng Shui principles. I'm a busy working single Mom and a few simple tips from Trish helped me feel more balanced and relaxed in my life! Thank you Trish!

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